

Lunch

WGR – Whole Grain

WW – Whole Wheat

MGR – Multi Grain



May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein- Ounce/4 Ounces Vegetables ½ Cup, 2 tbsp Fruit ¼ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	**This institution is an equal opportunity provider**	Free Meal modifications are available upon request for participants with disabilities			1 Chicken Tenders Mashed Potatoes Sandwiches (WW) Peas Banana Milk & Water	2 Size Servings Ages 3-5 6 Fluid Ounces 1% milk Protein1.5 Ounces/6 Ounces ½ Cup, ¾ Cup, ⅔ Cup Vegetables/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup
3 Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein- Ounce/4 Ounces Vegetables ½ Cup, 2 tbsp Fruit ¼ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	4 (WGR) Spaghetti with Meat Sauce Steamed Green Beans Peach Slices Milk and Water	5 (WW) Cheese & Chicken Quesadillas Mexican Rice Mixed Vegetables Mixed Fruit Milk & Water	6 Cheese Pizza Carrot Sticks Infants Steamed Carrots With Ranch Banana Milk and Water	7 Chicken Taquitos Mexican Rice Corn Mixed Fruit Milk and Water	8 Chicken Salad Sandwiches (WW) Carrot Sticks Infants Steamed Carrots Banana Milk and Water	9 Size Servings Ages 3-5 6 Fluid Ounces 1% milk Protein1.5 Ounces/6 Ounces ½ Cup, ¾ Cup, ⅔ Cup Vegetables/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup
10 Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein- Ounce/4 Ounces Vegetables ½ Cup, 2 tbsp Fruit ¼ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	11 (WGR) Chicken and Vegetable Primavera With Chicken Mixed Vegetables Fruit Cocktail Milk and Water	12 BBQ chicken Steamed Rice Broccoli Apples Slices Milk and Water	13 Chicken Burgers (WW) Carrots Sticks Infants Steamed Carrots Fruit Cocktail Milk and Water	14 (WW) Cheese & Bean Burritos Spanish Rice Steamed Green Beans Peach Slices Milk and Water	15 Chicken Nuggets Mashed Potatoes (WW) Bun Peas Orange Slices Milk and Water	16 Size Servings Ages 3-5 6 Fluid Ounces 1% milk Protein1.5 Ounces/6 Ounces ½ Cup, ¾ Cup, ⅔ Cup Vegetables/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup
17 Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein- Ounce/4 Ounces Vegetables ½ Cup, 2 tbsp Fruit ¼ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	18 Cheese & Spinach Ravioli w/Marinara Sauce Steamed Peas Pear Slices Milk and Water	19 (WGR) Chicken Noodle Stir Fry Steamed Broccoli Apple Slices Milk and Water	20 (WW) Grilled Cheese Sandwich Carrots Infants Steamed Carrots with Ranch Dressing Banana Milk and Water	21 Chicken & Cheese Flautas Spanish Rice Mixed Vegetables Fruit Cocktail Milk and Water	22 (WW) Turkey & Cheese Sandwich Carrot Sticks w/ Ranch Infants Steamed Carrots Orange Slices Milk and Water	23 Size Servings Ages 3-5 6 Fluid Ounces 1% milk Protein1.5 Ounces/6 Ounces ½ Cup, ¾ Cup, ⅔ Cup Vegetables/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup
24 Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein- Ounce/4 Ounces Vegetables ½ Cup, 2 tbsp Fruit ¼ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup 31	25 Memorial Day School Closed	26 Orange Chicken Vegetable Fried Rice Broccoli Pineapple Chunks Milk and Water	27 (WGR) Cheese Macaroni Steamed Peas Banana Milk & Water	28 Cheese & Chicken Enchiladas Mexican Rice Corn Mixed Fruit Milk & Water	29 Sloppy Joes on a (WW) Bun Potato Wedges Peas and Carrots Orange Slices Milk and Water	30 Size Servings Ages 3-5 6 Fluid Ounces 1% milk Protein1.5 Ounces/6 Ounces ½ Cup, ¾ Cup, ⅔ Cup Vegetables/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup