

Breakfast

June 2026



(WGR) – Whole Grain (WW) – Whole Wheat (MGR) – Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅓ Cup	1 Oatmeal Orange Slice Milk and Water	2 (WGR) Pancakes Peach Slices Milk and Water	3 (MGR) Cheerio Cereal Pear Slices Milk and Water	4 English Muffins Banana Milk and Water	5 (WW) Bagels & Cream Cheese Orange Slices Milk and Water	6 Size Servings Ages 3-5 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅓ Cup
7 Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅓ Cup	8 (WGR) French Toast Peaches Milk and Water	9 All Bran Cereal Apple Sauce Milk and Water	10 (WGR) Waffles Pineapple Chunks Milk and Water	11 Chex Cereal Mandarin Orange Milk and Water	12 (WW) Toast & Jelly Apple Sauce Milk and Water	13 Size Servings Ages 3-5 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅓ Cup
14 Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅓ Cup	15 Oatmeal Orange Slice Milk and Water	16 (WGR) Pancakes Peach Slices Milk and Water	17 (MGR) Cheerio Cereal Pear Slices Milk and Water	18 English Muffins Banana Milk and Water	19 (WW) Bagels & Cream Cheese Orange Slices Milk and Water	20 Size Servings Ages 3-5 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅓ Cup
21 Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅓ Cup	22 (WGR) French Toast Peaches Milk and Water	23 All Bran Cereal Apple Sauce Milk and Water	24 (WGR) Waffles Pineapple Chunks Milk and Water	25 Chex Cereal Mandarin Orange Milk and Water	26 (WW) Toast & Jelly Apple Sauce Milk and Water	27 Size Servings Ages 3-5 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅓ Cup
28 Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅓ Cup	29 Oatmeal Orange Slice Milk and Water	30 (WGR) Pancakes Peach Slices Milk and Water	**This institution is an equal opportunity provider**	Free Meal modifications are available upon request for participants with disabilities		Size Servings Ages 3-5 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅓ Cup