

AM & PM Snack

February 2026

WGR-Whole Grain Rich

WW-Whole Wheat

MGR - Multi Grain



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables ½ Cup, 2 tbsp Fruit ¼ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	2 (WW) Ritz Crackers & Cheese Apple Slices Milk & Water	3 Graham Crackers Apple Slices Juice & Water	4 (WGR) Mini Bagels With Cream Cheese Banana Milk & Water	5 (WGR) Goldfish Crackers Banana Juice & Water	6 (WGR) Cheez-it crackers Peach Slices Juice & Water	7 Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein ½ Ounce 2 Ounces ½ Cup, ¼ Cup, 1 Tbsp Vegetables/Fruit ½ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅓ Cup
8 Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables ½ Cup, 2 tbsp Fruit ¼ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	9 (WW) Wheat Crackers Apple Slices Juice & Water	10 (WGR) Wheat Thins & Cheese Orange Slices Juice & Water	11 (WGR) Mini Bagels With Cream Cheese Banana Milk & Water	12 (WGR) Bran Muffin Apple Sauce Milk & Water	13 (WGR) Wheat Crackers String Cheese Oranges Slices Milk & Water	14 Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein ½ Ounce 2 Ounces ½ Cup, ¼ Cup, 1 Tbsp Vegetables/Fruit ½ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅓ Cup
15 Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables ½ Cup, 2 tbsp Fruit ¼ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	16 Presidents' Day School Closed	17 Graham Crackers Apple Slices Juice & Water	18 (WGR) Cereal Mix Apple Sauce Juice & Water	19 (WGR) Goldfish Crackers Banana Juice & Water	20 (WGR) Cheez-it crackers Peach Slices Juice & Water	21 Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein ½ Ounce 2 Ounces ½ Cup, ¼ Cup, 1 Tbsp Vegetables/Fruit ½ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅓ Cup
					27 (WGR) Wheat Crackers String Cheese Oranges Slices	28 Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein ½ Ounce 2 Ounces ½ Cup, ¼ Cup, 1 Tbsp

22 Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables 1/8 Cup, 2 tbsp Fruit 1/8 Cup, 2 tbsp Grains - 1/2 Slice/Serving 1/4 Cup	23 (WW) Wheat Crackers Apple Slices Juice & Water	24 (WGR) Wheat Thins & Cheese Orange Slices Juice & Water	25 (WGR) Mini Bagels With Cream Cheese Banana Milk & Water	26 (WGR) Bran Muffin Apple Sauce Milk & Water	Milk & Water	Vegetables/Fruit 1/2 Cup Grains 1/2 Slice/Serving 1/4 Cup, 1/2 Cup, 3/4 Cup, 1/8 Cup
Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables 1/8 Cup, 2 tbsp Fruit 1/8 Cup, 2 tbsp Grains - 1/2 Slice/Serving 1/4 Cup						Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein 1/2 Ounce 2 Ounces 1/2 Cup, 1/8 Cup, 1 Tbsp Vegetables/Fruit 1/2 Cup Grains 1/2 Slice/Serving 1/4 Cup, 1/2 Cup, 3/4 Cup 1/8 Cup