



# Breakfast

# February 2026

(WGR) – Whole Grain (WW) – Whole Wheat (MGR) – Multi Grain

| Sunday                                                                                                                                                               | Monday                                                        | Tuesday                                                                         | Wednesday                                                                     | Thursday                                                                          | Friday                                                                               | Saturday                                                                                                                                                        |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|---------------------------------------------------------------------------------|-------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>1</p> <p><b>Size Servings Ages 1-2</b><br/>4 Fluid Ounces Whole Milk<br/>Vegetable/Fruit ¼ Cup<br/>Grains ½ Slice/Serving<br/>¼ Cup, ½ Cup,<br/>¾ Cup, ⅙ Cup</p>  | <p>2</p> <p>Oatmeal<br/>Apple Sauce<br/>Milk/Water</p>        | <p>3</p> <p>All Bran Wheat Cereal<br/>Mandarin Oranges<br/>Milk/Water</p>       | <p>4</p> <p>(WG) Waffles &amp; Syrup<br/>Pineapple Chunks<br/>Milk/Water</p>  | <p>5</p> <p>English Muffins &amp;<br/>Cream Cheese<br/>Banana<br/>Milk/Water</p>  | <p>6</p> <p>(WW) Toast &amp; Jelly<br/>Apple Sauce<br/>Milk/Water</p>                | <p>7</p> <p><b>Size Servings Ages 3-5</b><br/>6 Fluid Ounces 1% Milk<br/>Vegetable/Fruit ½ Cup<br/>Grain ½ Slice/Serving<br/>¼ Cup, ½ Cup<br/>¾ Cup, ⅙ Cup</p>  |
| <p>8</p> <p><b>Size Servings Ages 1-2</b><br/>4 Fluid Ounces Whole Milk<br/>Vegetable/Fruit ¼ Cup<br/>Grains ½ Slice/Serving<br/>¼ Cup, ½ Cup,<br/>¾ Cup, ⅙ Cup</p>  | <p>9</p> <p>(WG) French Toast<br/>Peaches<br/>Milk/Water</p>  | <p>10</p> <p>(WG) Pancakes &amp;<br/>Syrups<br/>Peach Slices<br/>Milk/Water</p> | <p>11</p> <p>(MG) Cheerio Cereal<br/>Pear Slices<br/>Milk/Water</p>           | <p>12</p> <p>Kix Cereal<br/>Mandarin Orange<br/>Milk/Water</p>                    | <p>13</p> <p>(WW) Bagels &amp; Cream<br/>Cheese<br/>Orange Slices<br/>Milk/Water</p> | <p>14</p> <p><b>Size Servings Ages 3-5</b><br/>6 Fluid Ounces 1% Milk<br/>Vegetable/Fruit ½ Cup<br/>Grain ½ Slice/Serving<br/>¼ Cup, ½ Cup<br/>¾ Cup, ⅙ Cup</p> |
| <p>15</p> <p><b>Size Servings Ages 1-2</b><br/>4 Fluid Ounces Whole Milk<br/>Vegetable/Fruit ¼ Cup<br/>Grains ½ Slice/Serving<br/>¼ Cup, ½ Cup,<br/>¾ Cup, ⅙ Cup</p> | <p>16</p> <p><b>School Closed<br/>Presidents'<br/>Day</b></p> | <p>17</p> <p>All Bran Wheat Cereal<br/>Mandarin Oranges<br/>Milk/Water</p>      | <p>18</p> <p>(WG) Waffles &amp; Syrup<br/>Pineapple Chunks<br/>Milk/Water</p> | <p>19</p> <p>English Muffins &amp;<br/>Cream Cheese<br/>Banana<br/>Milk/Water</p> | <p>20</p> <p>(WW) Toast &amp; Jelly<br/>Apple Sauce<br/>Milk/Water</p>               | <p>21</p> <p><b>Size Servings Ages 3-5</b><br/>6 Fluid Ounces 1% Milk<br/>Vegetable/Fruit ½ Cup<br/>Grain ½ Slice/Serving<br/>¼ Cup, ½ Cup<br/>¾ Cup, ⅙ Cup</p> |
| <p>22</p> <p><b>Size Servings Ages 1-2</b><br/>4 Fluid Ounces Whole Milk<br/>Vegetable/Fruit ¼ Cup<br/>Grains ½ Slice/Serving<br/>¼ Cup, ½ Cup,<br/>¾ Cup, ⅙ Cup</p> | <p>23</p> <p>(WG) French Toast<br/>Peaches<br/>Milk/Water</p> | <p>24</p> <p>(WG) Pancakes &amp;<br/>Syrup<br/>Pears Slices<br/>Milk/Water</p>  | <p>25</p> <p>(MG) Cheerio Cereal<br/>Pear Slices<br/>Milk/Water</p>           | <p>26</p> <p>Kix Cereal<br/>Mandarin Orange<br/>Milk/Water</p>                    | <p>27</p> <p>(WW) Bagels &amp; Cream<br/>Cheese<br/>Orange Slices<br/>Milk/Water</p> | <p>28</p> <p><b>Size Servings Ages 3-5</b><br/>6 Fluid Ounces 1% Milk<br/>Vegetable/Fruit ½ Cup<br/>Grain ½ Slice/Serving<br/>¼ Cup, ½ Cup<br/>¾ Cup, ⅙ Cup</p> |

**Size Servings Ages 1-2**

4 Fluid Ounces Whole  
Milk  
Vegetable/Fruit ¼ Cup  
Grains ½ Slice/Serving  
¼ Cup, ½ Cup,  
¾ Cup, ⅛ Cup

**Size Servings Ages 3-5**

6 Fluid Ounces 1% Milk  
Vegetable/Fruit ½ Cup  
Grain ½ Slice/Serving  
¼ Cup, ½ Cup  
¾ Cup, ⅛ Cup