Breakfast August 2026

(WGR) – Whole Grain (WW) – Whole Wheat (MGR) – Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup	3 Oatmeal Orange Slice Milk and Water	4 (WGR) Pancakes Peach Slices Milk and Water	5 (MGR) Cheerio Cereal Pear Slices Milk and Water	6 English Muffins w/Jelly Banana Milk and Water	7 (WW) Bagels & Cream Cheese Orange Slices Milk and Water	8 **Size Servings Ages 3-5** 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅛ Cup
9 **Size Servings Ages 1-2** 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup	10 (WGR) French Toast Peaches Milk and Water	11 All Bran Cereal Apple Sauce Milk and Water	12 (WGR) Waffles Pineapple Chunks Milk and Water	13 Chex Cereal Mandarin Orange Milk and Water	14 (WW) Toast & Jelly Apple Sauce Milk and Water	15 **Size Servings Ages 3-5** 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅛ Cup
16 **Size Servings Ages 1-2** 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup	17 Oatmeal Orange Slice Milk and Water	18 (WGR) Pancakes Peach Slices Milk and Water	19 (MGR) Cheerio Cereal Pear Slices Milk and Water	20 English Muffins w/Jelly Banana Milk and Water	21 (WW) Bagels & Cream Cheese Orange Slices Milk and Water	22 **Size Servings Ages 3-5** 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅛ Cup
23 **Size Servings Ages 1-2** 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup	24 (WGR) French Toast Peaches Milk and Water	25 All Bran Cereal Apple Sauce Milk and Water	26 (WGR) Waffles Pineapple Chunks Milk and Water	27 Chex Cereal Mandarin Orange Milk and Water	28 (WW) Toast & Jelly Apple Sauce Milk and Water	29 **Size Servings Ages 3-5** 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅛ Cup
30 **Size Servings Ages 1-2** 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup	31 Oatmeal Orange Slice Milk and Water			**This institution is an equal opportunity provider**	Free Meal modifications are available upon request for participants with disabilities	**Size Servings Ages 3-5** 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅛ Cup